

First Selectwoman Brenda Kupchick

Brenda Kupchick was elected as Fairfield's First Selectwoman in November 2019. She is the second woman in Fairfield's 380-year history to be elected to this office.

As a third-generation Fairfielder, Brenda has a long history of giving back to our community. From her days as a home room mother and PTA member at McKinley school to volunteering for her son's Pop Warner and Little League teams. Brenda also started a grassroots organization called "One Voice" for education, served on the RTM and the Board of Education.



Most recently, Brenda served as State Representative of the 132nd District, representing the people of Fairfield and Southport. She was re-elected to her fifth term in November 2018. During her tenure she served on the legislature's Transportation, Finance, Revenue and Bonding, Housing, Public Safety, General Law, Education, Program Review & Investigation committees. She was appointed Whip and joined the leadership team of House Leader Themis Klarides in 2016.

Brenda also served as a member of the Intellectual & Developmental Disabilities Legislative Caucus, the Bipartisan Fire and EMS Caucus, the School Safety Working Group, and was Co-Chair of the Animal Welfare Caucus. Brenda received the Humane Legislator of the year award from the Humane Society of the United States, and an award from Keep the Promise Coalition for her work on Mental Health.

Prior to her time as a state legislator, Brenda served as Constituent Services Representative for U.S. Congressman Christopher Shays (2002-2009) and in Constituent Services and Public Affairs, for State Senator John McKinney (2009-2011).

Brenda and her husband, Peter have owned and operated Peter Kupchick Heating & Cooling, Inc. for nearly 30 years and have one adult son, Peter and two rescue Beagles, Maggie & Wally.

November 2019