The Town of Fairfield Bicycle and Pedestrian Committee has been working to encourage walking and biking for transportation, recreation, exercise and quality of life. Working with multiple town departments we have established bicycle routes, installed bicycle repair stations, worked to improve pedestrian infrastructure, and authored the Town of Fairfield Complete Streets Policy (approved by the Board of Selectman in 2018).

With more and more of our citizens using our roads, we would like to provide you with some important safety reminders for pedestrians, cyclists and drivers.

**Tips for Pedestrians**
- **Face traffic** - All runners and walkers should run/walk on the left side, facing traffic. It's easier to see oncoming cars.
- **Use crosswalks** - Drivers must slow or stop to allow a pedestrian to cross if they have stepped up to the curb by a marked crosswalk or stepped directly into the crosswalk
- **Make room** - If traffic gets heavy be prepared to move onto the sidewalk or shoulder of the road.
- **Be seen** - Wear high-visibility, brightly colored clothing. When out near/after sunset wear reflective clothing and use a light.
- **Pretend you're invisible** - Don’t assume a driver can see you.
- **Beware of high-risk drivers** - Steer clear of potential problem areas like entrances to parking lots, bars, and restaurants, and other places where there may be heavy traffic.
- **Be respectful** - At a stop sign or light, wait for the driver to wave you through - then acknowledge with a wave.

**Tips for Cyclists**
- **Ride with traffic** - not against it
- **Ride on the road** - not on the sidewalk
- **Follow the rules of the road** - including stopping at stop signs and traffic lights
- **Communicate your intentions** - Use hand signals to indicate direction of travel.
- **Remove distractions** - including earphones and mobile phones
- **Make yourself visible** - wear bright colored and reflective clothing. At night, you must have front and rear lights as well as reflective material on your bike and/or clothing.
- **Wear your helmet**! By law in Connecticut, children under the age of 16 must wear a helmet when riding a bike. It is recommended adults also wear helmets not just for personal protection but to model proper behavior.
Tips for Drivers

- **Stay Alert** - Avoid all distractions when driving.
- **Yield to cyclists** when turning.
- **Yield to pedestrians** in crosswalks.
- **Slow down** when passing a cyclist and **leave at least three feet** for the rider - it's the law!
- **Make a visual check for cyclists** by checking mirrors and blind spots before entering or leaving a lane of traffic and turning.
- **Reduce your speed** when passing bicyclists, especially when the road is narrow.
- **NEVER honk your horn at a bicyclist** - it could cause them to swerve into traffic and crash.
- **Before opening car door** - always check for bicyclists.
- **Children on bicycles are often unpredictable**! Expect the unexpected.

Fairfield’s Bicycle Routes and Locations of Repair Stations and Pumps

The three routes are as follows (Strava links included)

- **Shoreline**: From Southport Beach to Ash Creek.  
  [https://www.strava.com/routes/12962612](https://www.strava.com/routes/12962612)

- **Lake to Beach**: From Lake Mohegan to Penfield Pavilion.  
  [https://www.strava.com/routes/13140001](https://www.strava.com/routes/13140001)

- **Library to Library**: From Fairfield Woods library and to the Main Library at the corner of the Post Road and Old Post Road.  
  [https://www.strava.com/routes/28273025](https://www.strava.com/routes/28273025)

The eight repair stations and pumps are located at Southport, Penfield and Jennings Beaches, the Main and Fairfield Woods Library, Riverside Park and the parking lot behind Saint Timothy’s Church off of Congress Street.

Link to the [google map showing all routes and repair stations or pumps](https://www.google.com/maps)