Resource Guide for Behavioral Health

### Emergency Services

**FOR ADDICTION TREATMENT 24/7**
call the Access Line
1-800-563-4086
(this includes detox and treatment for prescription opioids or heroin addiction)

**FIRE/POLICE/AMBULANCE** Call 9-1-1

**NATIONAL SUICIDE PREVENTION LIFELINE** 1-800-273-TALK (8255) | 1-888-628-9454 (Ayuda en Español)
TTY: 1-800-799-4TTY (4899)
www.suicidetventionlifeline.org

**SUICIDE HELPLINE (INFOLINE)** Call 2-1-1

**POISON CONTROL** 1-800-222-1222 | www.aapcc.org

**SEXUAL ASSAULT CRISIS SERVICES**
English 888-999-5545 | Spanish 888-568-8332

**WHEELER HELPLINE 24/7**
860-747-3434

### Connecticut Resources

**ACCESS HEALTH CT**
Health Insurance Marketplace
1-855-805-4325 | TTY 1-855-789-2428
www.accesshealthct.com

**ACCESS MENTAL HEALTH CT**
www.accessmhct.com

**ADVOCACY UNLIMITED, INC.**
1-800-573-6929 | www.mindlink.org

**BEACON HEALTH OPTIONS (CTBHP)**
1-877-552-8247 | TTY 1-866-218-0525
www.ctbhp.com

**CT ALLIANCE TO END SEXUAL VIOLENCE**
1-888-999-5545
www.endsexualviolencect.org

**CT COALITION AGAINST DOMESTIC VIOLENCE**
860-282-7899 | 1-888-774-2900 (Crises Line)
www.ctcadv.org

**CT COUNCIL ON PROBLEM GAMBLING**
1-888-789-7777 (Helpline)
www.ccpg.org

**CT INFOLINE** Call 2-1-1 | www.211ct.org

**CT NETWORK OF CARE**
www.connecticutnetworkofcare.org

**CT SUICIDE PREVENTION**
Call 2-1-1 | www.preventsuicidect.org

**CT QUITLINE (Tobacco)**
1-800-QUIT-NOW | www.quitnow.net/connecticut

**CT YOUTH SERVICES ASSOCIATION**
www.ctyouthservices.org/Find_A_YSB

**DRUGFREECT.ORG**
For prevention, treatment and recovery resources
www.drugfree.org

**FATHERHOOD INITIATIVE OF CT**
1-866-6-CTDADS | www.ct.gov/fatherhood

**GOVERNOR’S PREVENTION PARTNERSHIP**
860-523-8042 | www.preventionworksct.org

**MATCH COALITION, INC.**
860-525-9738 | www.matchcoalitionct.org

**MENTAL HEALTH CT**
1-800-842-1501 | www.mhconn.org

**NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) CT**
860-882-0236 | www.namict.org

**OPIOID OVERDOSE PREVENTION/NALOXONE (NARCAN) INITIATIVE**

**PROTECTIVE SERVICES FOR THE ELDERLY**
888-385-4225

**TRUE COLORS (Sexual Minority Youth and Family Services)**
860-232-0050 | www.ourtruecolors.org

**TURNING POINT CT**
Website for youth and young adults
www.turningpointct.org

**WHEELER CLINIC - NAVIGATION CENTER**
1-888-793-3500 | www.wheelerclinic.org

### Support Groups

**AL-ANON/ALATEEN**
CT Information 1-888-825-2666 | National Information 1-800-344-2666
www.ctalnon.org

**ALCOHOLICS ANONYMOUS (AA)**
Connecticut 1-866-783-7712 | National Information 1-800-344-2666
www.ct-aa.org

**CO-DEPENDENTS ANONYMOUS**
1-888-444-2359 | www.coda.org

**FAMILIES ANONYMOUS**
1-800-736-9805 | www.familiesanonymous.org

**GAM-ANON FAMILY GROUPS**
CT Hotline 1-800-266-1908 | National Information 718-352-1671
www.gam-anon.org

**GAMBLERS ANONYMOUS**
CT Hotline 1-855-222-5542 | National Information 213-386-8789
www.gamblersanonymous.org

**MARIJUANA ANONYMOUS**
1-800-766-6779 | www.marijuana-anonymous.org

**MENTAL HEALTH CONNECTICUT**
800-842-1501 | www.mhconn.org

**NAR-ANON**
CT Information 1-800-477-6291 | www.nar-anon.org

**NARCOTICS ANONYMOUS (NA)**
CT Information 1-800-627-3543 | National Information 1-818-773-9999
www.ctna.org

**NATIONAL ALLIANCE ON MENTAL ILLNESS**
800.215.3021 | www.nami.org

**NICOTINE ANONYMOUS**
1-877-879-6422 | www.nicotine-anonymous.org

**OVEREATERS ANONYMOUS**
505-891-2664 | www.oa.org
National Resources

AIDS NATIONAL HOTLINE
1-800-342-AIDS  www.cdc.gov/hiv

CENTERS FOR DISEASE CONTROL AND PREVENTION
1-800-232-4636  www.cdc.gov

MENTAL HEALTH AMERICA
1-800-969-6642  www.nmha.org

NATIONAL ASSOCIATION FOR CHILDREN OF ALCOHOLICS
1-888-55-4COAS  www.nacoa.org

NATIONAL EATING DISORDERS ASSOCIATION
800-991-1111  www.nationaleatingdisorders.org

NATIONAL ORGANIZATION ON FETAL ALCOHOL SYNDROME
202-785-4585  www.nofas.org

NATIONAL SUICIDE PREVENTION LIFELINE
1-800-273-TALK (8255)  www.suicidepreventionlifeline.org

SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION (SAMHSA)
1-877-800-0015  www.samhsa.gov

State Agencies

CT DEPARTMENT OF CHILDREN AND FAMILIES (DCF)
1-800-842-2288 Careline  www.ct.gov/dfc

CT DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES (DMHAS)
860-418-7000  www.ct.gov/dmhas

CT DEPARTMENT OF PUBLIC HEALTH (DPH)
860-509-8000  www.ct.gov/dph

CT DEPARTMENT OF SOCIAL SERVICES (DSS)
1-800-842-1508  www.ct.gov/dss

CT DEPARTMENT OF DEVELOPMENTAL SERVICES (DDS)
860-418-6000  www.ct.gov/dds

DMHAS Regional Behavioral Action Organizations (RBHAO)

Region 1
Regional Youth Adult Social Action Partnership (RYASAP)
2470 Fairfield Avenue
Bridgeport CT 06605
203-579-2727  www.ryasap.org

Towns:
Bridgeport, Darien, Easton, Fairfield, Greenwich, Monroe, New Canaan, Norwalk, Stamford, Stratford, Trumbull, Weston, Westport, Wilton

Region 2
Alliance for Prevention & Wellness, A Program of BHcare
435 East Main Street
Ansonia, CT 06401
203-736-8566; Direct line 203-892-6418  www.apw-ct.org

Towns:

Region 3
Southeastern Regional Action Council (SERAC)
228 West Town St.
Norwich, CT 06360
860-848-2800  www.sectrac.org

Towns:

Region 4
North Central Regional Mental Health Board, Inc.
151 New Park Avenue Ste. 14A
Hartford CT 06106
860-667-6388  www.ncrmhb.org

Towns:

Region 5
Housatonic Valley Coalition Against Substance Abuse (HVCASA)
9 Stony Hill Road
Bethel, CT 06801
203-743-7741  www.hvcasa.org

Towns:

ResourceGuideForBehavioralHealth062618