

**Fall 2020 FIRST SESSION Tuesday, September 8 – Monday, October 26**

**Friday September 18 – NO CLASS - ROSH HASHANAH**

**Monday September 28 – NO CLASSES - YOM KIPPUR**

**#1671 Mondays – War**

Dr. William Abbott – 10:00 A.M. – Noon

September 14, 21, October 5, 19, 26

**#1672 Mondays – The Rise of the Modern Short Story**

Steven Otfinoski – 1:00 P.M. – 3:00 P.M.

September 14, 21, October 5, 19, 26

**#1673 Tuesdays – Turkey: A History**

Mark Albertson – 10:00 A.M. – Noon

September 8, 15, 22, 29, October 6, 13

**#1674 Tuesdays – It's The End of the World as We Know It: The 2020  
Pandemic and Structural Shifts in the U.S. and Global Economy**

Dr. Mark LeClair – 1:00 P.M. – 3:00 P.M.

September 8, 15, 22, 29, October 6, 13

**#1675 Wednesdays – Cultivating a Sustainable Lifestyle**

Analiase Paik – 10:00 A.M. – Noon

September 9, 16, 23, 30, October 7, 14

**#1676 Wednesdays – Six Opera Villains**

Dave Shafer – 1:00 P.M. – 3:00 P.M.

September 9, 16, 23, 30, October 7, 14

**#1677 Thursdays – Beowulf**

Dr. Robert Epstein – 10:00 A.M. – Noon

September 10, 17, 24, October 1, 8, 15

**#1678 Thursdays – The Great Traditions of Imperial China**

James Levey – 1:00 P.M. – 3:00 P.M.

September 10, 17, 24, October 1, 8, 15

**#1679 Fridays – How to Look at a Renaissance Painting**

Dr. Francis P. DeStefano – 10:00 A.M. – Noon

September 11, 25, October 2, 9, 16

**Fall 2020 SECOND SESSION Tuesday, October 20 – Friday, November 20**

**#1680 Mondays – A Virtual Tour of Central Park Sculptures**

Wendy Bogage Swain – 10:00 A.M. – Noon  
November 2, 9, 16

**#1681 Mondays – Technology and Ethics**

Dr. Frances Grodzinsky – 1:00 P.M. – 3:00 P.M.  
November 2, 9, 16

**#1682 Tuesdays – Building Relationships and Maintaining Friendships in a  
Pandemic World**

Dr. Thomas Coughlan – 10:00 A.M. – Noon  
October 20, 27, November 3, 10, 17

**#1683 Tuesdays – Morocco in Anthropology**

David Crawford – 1:00 P.M. – 3:00 P.M.  
October 20, 27, November 3, 10, 17

**#1684 Wednesdays – Change and Adaptation in Marketing & Advertising**

Professor Ravi Dhingra – 10:00 A.M. – Noon  
October 21, 28, November 4, 18

**#1685 Wednesdays – New Developments in European Archeology**

William Preinitz – 1:00 P.M. – 3:00 P.M.  
October 21, 28, November 4, 18

**#1686 Thursdays – Votes for Women: Suffrage Centennial**

Dr. Elizabeth Hohl – 10:00 A.M. – Noon  
October 22, 29, November 5, 12, 19

**#1687 Thursdays – China's Quest for Domination  
in the 21<sup>st</sup> Century**

James Levey – 1:00 P.M. – 3:00 P.M.  
October 22, 29, November 5, 12, 19

**#1688 Fridays – So You Wannabe a Stand-Up Comic?**

Sheryl Kayne – 10:00 A.M. – Noon  
October 23, 30, November 6, 13, 20

## Fall 2020 First Session – September 8 – October 26

**#1671**

### **WAR**

**Dr. Bill Abbott**  
**Mondays 10:00 A.M. - Noon**  
**September 14, 21, October 5, 19, 26**

What causes war? We explore the political, social, religious, economic, and technological history of the western world by focusing on a single theme: **war**. By studying the conflicts that ravaged Europe and much of the rest of the world from ancient times to the later 20th century, we shall discover that war as an historical subject is much more than simply battles and tactics.

*Dr. William Abbott, PhD, Oxford University, is an Associate Professor of History at Fairfield University and Co-Director of the Irish Studies Program.*

**#1672**

### **THE RISE OF THE MODERN SHORT STORY**

**Steven Otfinoski**  
**Mondays 1:00 P.M. - 3:00 P.M.**  
**September 14, 21, October 5, 19, 26**

Who doesn't love short stories? They only take a sitting to read and often pack as much dramatic wallop in a few pages as a 300-page novel. This course will take us from the modern short story's emergence in the 19<sup>th</sup> century with such pioneers as de Maupassant, Hawthorne and O. Henry, to modern masters Hemingway and Faulkner, and contemporary storytellers Updike and Munroe. Participants will receive stories online to read before we meet each week. We'll use individual stories to illustrate central fictional elements including plot, character, setting the scene, point of view and symbolism.

*Steven Otfinoski, MFA Creative Writing, Fairfield University is an adjunct professor in Fairfield's English Department. He has taught fictional workshops at the Summer Institute for the Gifted at Yale and other locations. Steven's short stories and plays have been published in several magazines and anthologies; he has also authored more than 200 books for Young Adults.*

**#1673**

## **TURKEY: A HISTORY**

**Mark Albertson**

**Tuesdays 10:00 A.M. - Noon**

**September 8, 15, 22, 29, October 6, 13**

This course will trace the history of this dynamic people from their migrations from Asia to the precipice of Europe. Central to this effort will be the Ottoman Empire from its foundations in the late 13th century with Osman I to its collapse in 1918. We will follow the Turkish conflict with the Safavid Persians for the control of Mesopotamia, the demise of the Ottomans and the rise of the Ataturk State, and conclude with a view of Turkey today.

*Mark Albertson, Historical Research Editor at Army Aviation magazine, has authored several books, including They'll Have to Follow You! and The Triumph of the Great White Fleet. He lectures regularly on a variety of historical topics and current events.*

**#1674**

## **THE END OF THE WORLD AS WE KNOW IT: THE 2020 PANDEMIC AND STRUCTURAL SHIFTS IN THE U.S. AND GLOBAL ECONOMY**

**Dr. Mark LeClair**

**Tuesdays 1:00 P.M. - 3:00 P.M.**

**September 8, 15, 22, 29, October 6, 13**

This course will examine the impact of the 2020 pandemic on the economy, and also highlight permanent changes in aspects of the economic and political environment that are likely to outlive the crisis.

Public policy approaches to urbanization, transportation, immigration and supply chains are likely to be permanently altered. Businesses that must operate by necessity in crowded settings will have to develop new operational models to address the concerns of patrons. Concurrently, entirely new business models will be developed to better address the next global pandemic, hopefully without incurring the same level of economic harm that has occurred due to the COVID-19 outbreak.

*Dr. LeClair is Professor of Economics at Fairfield University and Director of the Master's degree program in Public Administration. He teaches courses in international trade and finance and is an expert in international trade and philanthropy.*

**#1675**

## **CULTIVATING A SUSTAINABLE LIFESTYLE**

**Analiese Paik**

**Wednesdays 10:00 A.M. - Noon**

**September 9, 16, 23, 30, October 7, 14**

Participants will learn ways, both big and small, to change their lifestyles to live more sustainably. Topics will include: Zero Waste; Zero Emissions; Non-Toxic Home, Yard, Garden & Personal Care; The Circular Economy; Pollinator Friendly Yards & Gardens; and Local & Organic Food.

*Analiese Paik is a sustainability champion and founder and CEO of [Sustainne](#), a company dedicated to uniting, nurturing and growing a community dedicated to sustainable living. She holds an MBA in Finance and has worked in marketing management positions in financial services, and as an independent digital marketing consultant. She is also a graduate of the Institute of Culinary Education in NY City.*

**#1676**

## **SIX OPERA VILLAINS**

**Dave Shafer**

**Wednesdays 1:00 P.M. - 3:00 P.M.**

**September 9, 16, 23, 30, October 7, 14**

They are evil, nasty, cruel and scary, and that's on a good day. They are also probably a lot more interesting than the heroes and heroines of the operas they appear in. The heavy roles are not confined to men as we will see with both the scheming, scissors-happy seductress, Delilah and the intensely psychotic Salome. The rogues' gallery we will discuss includes:

Scarpia	(Puccini – “Tosca”)
Attila	(Verdi – “Attila”)
Iago	(Verdi – “Otello”)
Don Pizarro	(Beethoven – “Fidelio”)
Salome	(Strauss – “Salome”)
Delilah	(Saint-Saëns – “Samson and Delila”)

*Dave Shafer has taught opera courses at a number of senior learning programs where he draws on his vast collection of over 250 operas on CDs and DVDs. For his day job, Dave has designed camera lenses and other optical systems.*

**#1677**

## **BEOWULF**

**Dr. Robert Epstein**

**Thursdays 10:00 A.M. - Noon**

**September 10, 17, 24, October 1, 8, 15**

Beowulf is the most famous work of Old English literature and the earliest epic poem in English. We will read Beowulf in Seamus Heaney's celebrated modern English translation. Reading 600 lines of verse per session, we will be able to read the entirety of the poem together on Zoom. As we do, we will discuss themes in the text such as heroism and kingship, history and fantasy, nation and epic, Christianity and paganism, providence and fate, treasure and value, and women and men.

*Robert Epstein, PhD, Princeton University, is Professor of English at Fairfield University, where he teaches classes on medieval literature including "Myths and Legends of Ireland and Britain." He is the author of Chaucer's Gifts: Exchange and Value in the Canterbury Tales.*

**#1678**

## **THE GREAT TRADITIONS OF IMPERIAL CHINA**

**James Levey**

**Thursdays 1:00 P.M. – 3:00 P.M.**

**September 10, 17, 24, October 1, 8, 15**

This course will trace the cultural and historical patterns in ancient and imperial China that explain the current events shaping the world today.

For over four thousand years, China enjoyed an advanced civilization that contributed to the world in science, technology, the arts and humanities. China's longevity is largely due to her intellectual foundations that enabled economic prosperity and political stability for an agrarian society that viewed the world through the lens of Confucianism, Taoism and Buddhism. Understanding these beliefs is key to understanding the great traditions of China that have been inherent in the Chinese character throughout history.

*James Levey, MA, China Studies, St. John's University, is a former partner at American China Mercantile and Senior Manager at IBM and Amdocs. Jim has traveled extensively in China and is working to introduce China Studies into the curriculum of the public schools.*

**#1679**

## **HOW TO LOOK AT A RENAISSANCE PAINTING**

**Dr. Francis P. DeStefano**  
**Fridays 10:00 A.M. – Noon**  
**September 11, 25, October 2, 9, 16**

In this course we take an informal and interactive look at some of the most famous and mysterious paintings of the Italian Renaissance. Nothing is in a Renaissance painting by whim or fancy. Every detail is important.

September 11:           The Venetian Renaissance: Giorgione

September 25:           The Venetian Renaissance: Titian

October 2:                The Florentine Renaissance: Leonardo

October 9:                The Florentine Renaissance: Michelangelo

October 16:              The Roman Renaissance: Raphael

*Frank DeStefano, PhD History, Fordham University, retired after a career as a financial advisor to pursue his interest in history, especially art history. He has traveled extensively in Italy and has written and lectured on the Renaissance.*

## Fall Second Session – October 20 – November 20

**#1680**

### **A VIRTUAL TOUR OF CENTRAL PARK SCULPTURES**

**Wendy Bogage Swain**  
**Mondays– 10:00 A.M. – Noon**  
**November 2, 9, 16**

This course will introduce you to the miracle of Central Park. We will explore its history (session 1), the wonderful sculptures (session 2) and five women who have created important works in the park (session 3).

*Wendy Bogage Swain, former president of the Society of Connecticut Sculptors, works in both clay and alabaster. Her work has been shown throughout Fairfield County at juried shows in libraries, museums and galleries. Wendy also has had a long career as a teacher of French and Spanish.*

**#1681**

### **TECHNOLOGY AND ETHICS**

**Dr. Frances Grodzinsky**  
**Mondays– 1:00 P.M. – 3:00 P.M.**  
**November 2, 9, 16**

This course will present the ethics, challenges and controversies around emerging technologies that become embedded in society. The first session will focus on what kind of ethical questions new technologies present, and how these affect us as end users. The second session will look at privacy as a central and overriding issue that impacts all technologies. The third session will explore the impact of Artificial Intelligence.

*Dr. Frances Grodzinsky is Professor Emerita, SHU School of Computing, where she developed and taught a wide range of courses on computer ethics, software engineering, systems analysis and design, and theory of programming languages. During her 30 years at SHU, she was co-chair of the Hersher Institute of Ethics. Her papers have appeared in numerous books and articles.*



**#1682**

## **BUILDING RELATIONSHIPS AND MAINTAINING FRIENDSHIPS IN A PANDEMIC WORLD**

**Dr. Thomas J. Coughlan**  
**Tuesdays– 10:00 A.M. – Noon**  
**October 20, 27, November 3, 10, 17**

The goal of this course will be to provide the participants with a strategy on how to build and maintain relationships when you can't share the same physical space. Making the physical distance between people irrelevant to maintaining relationships (or *the death of distance*), has long been promised by futurists and technologists. The reality for most people has fallen far short of that promise. We will explore the reasons why that promise has been so elusive, and the current thinking of experts in the field about how to be *almost there* (in a state where you are physically distant but still feeling close).

*Dr. Coughlan is an Associate Professor of Graduate Business and former Associate Dean at Mercy College. He is also the Managing Editor of the Journal of Management and Innovation and has been a contract writer for Harvard Business Publishing. His fields of practice include management, marketing, and innovation with a particular emphasis on the use of technology to create virtual proximity. Tom has over 30 years of business experience as entrepreneur, consultant and marketing/ management professional. He is currently working on a book about managing remote employees.*

**#1683**

## **MOROCCO IN ANTHROPOLOGY**

**David Crawford**  
**Tuesdays – 1:00 P.M. – 3:00 P.M.**  
**October 20, 27, November 3, 10, 17**

Located at the intersection of Africa, Europe, and the Middle East, Morocco has been a key site of anthropological research and a popular tourist destination. From the geography to the cuisine, bathing habits to political intrigue, this course explores this special place and the ways anthropologists have come to understand it.

*David Crawford was born in Spain. He studied cultural anthropology at the University of California, Santa Barbara, with a focus on the indigenous people of the High Atlas Mountains of Morocco. He has produced four books and numerous articles, essays and book chapters.*

**#1684**

## **CHANGE AND ADAPTATION IN MARKETING & ADVERTISING**

**Professor Ravi S. Dhingra**  
**Wednesdays - 10:00 A.M. - Noon**  
**October 21, 28, November 4, 18**

The acceleration of technology and globalization has led to significant changes and adaptations in marketing and advertising. This course will set the stage with a worldview of changing globalization and technology. We will explore how changes in technology and culture have affected marketing over the last two decades and how advertising and social media have evolved. In the midst of the political season, we will address media bias and ownership and how media campaigns are created.

*Professor Dhingra has an MBA in Marketing & International Business from The Wharton School, and an MMS in Management and a BCom in Economics from the University of Bombay. He has 40+ years of international business development, strategic planning, marketing and general management experience building new brands and businesses. He has been an adjunct instructor at SHU since 2011.*

**#1685**

## **NEW DEVELOPMENTS IN EUROPEAN ARCHEOLOGY**

**William Preinitz**  
**Wednesdays - 1:00 P.M. - 3:00 P.M.**  
**October 21, 28, November 4, 18**

Did you know that the first dig at Stonehenge in 44 years changed our view of why, and even when, the monument was built? Have you heard of Otzi The Ice Man? New technology has allowed us to learn many facts about his life, history and physical condition. Recent excavations at Vindolanda in northern England have revealed fascinating new details about this Roman fort. The most famous Anglo-Saxon treasures in the British Museum come from the Sutton Hoo burial site in Suffolk. New developments reveal surprising information about these medieval mounds.

*Bill Preinitz holds an MBA from Northern Illinois University. He had a short career in publishing, followed by a long career in investment banking, rising to Managing Director. He has authored two books published by Wiley & Sons, Inc. Bill has traveled to many of the historical sites about which he speaks.*

**#1686**

## **VOTES FOR WOMEN: SUFFRAGE CENTENNIAL**

**Dr. Elizabeth Hohl**

**Thursdays 10:00 A.M. – Noon**

**October 22, 29, November 5, 12, 19**

How can we learn from the activists, feminists and suffragists devoted to achieving votes for women? The epic battle to make woman suffrage part of our Constitution concluded triumphantly a century ago. That struggle to extend the elective franchise to half the population began in the early 19<sup>th</sup> century and required the concerted effort of at least three generations and multiple campaigns to succeed. What did this campaign mean for our democracy? In what ways did the 19<sup>th</sup> amendment prove to be an unfulfilled promise?

*Dr. Hohl is currently an Assistant Professor of the Practice in the Department of History at Fairfield University. She also teaches in the Women, Gender and Sexuality Studies, the Peace and Justice Studies, and the Black Studies programs. Dr. Hohl holds a PhD in History and Women's Studies at Union Institute and University in Cincinnati.*

**#1687**

## **CIVILIZATIONS COLLIDE: CHINA'S QUEST FOR DOMINATION IN THE 21<sup>ST</sup> CENTURY**

**James Levey**

**Thursdays 1:00 P.M. - 3:00 P.M.**

**October 22, 29, November 5, 12, 19**

This course will present a comprehensive view of China's quest to redefine the world order in the 21st century and offer a blueprint for U.S. foreign policy to offset China's threat.

Since the victory of Mao Tse Tung in 1949, China has been on a path to regain its primacy and restore its dignity within the world order. Mao's successor, Deng Xiao Ping rebuked communism and embraced free enterprise to enable China to ascend economically. China's rise since then has been nothing less than spectacular with many of its people rising out of poverty.

American leadership in the U.S. believed China's economic success would lead to an open and liberal domestic policy. However, the advent of Xi Jinping in 2012 proved China to be a superpower with an agenda derived from the early days of Mao.

*James Levey, MA, China Studies, St. John's University, is a former partner at American China Mercantile and Senior Manager at IBM and Amdocs. Jim has traveled extensively in China and is working to introduce China Studies into the curriculum of the public schools.*

**#1688**

## **SO YOU WANNABE A STAND-UP COMIC?**

**Sheryl Kayne**

**Fridays 10:00 A.M. - Noon**

**October 23, 30, November 6, 13, 20**

Write your own comedy set and learn how to deliver it! Being funny can be hard work, but making people laugh is the greatest joy ever. Don't laugh! You can share a joke of your own (or one you've heard) during the very first class! Come prepared to laugh out loud.

*Sheryl Kayne is an adjunct professor in the English Department at Sacred Heart University. In the 90s she did stand-up comedy in the New York metropolitan area and Los Angeles. Today she teaches workshops, consults and writes with a few professional comics.*

**FALL 2020 COURSE REGISTRATION APPLICATION**  
(Please submit a separate application for each student.)

Tuition is \$20 per course \*plus a \$15 registration fee valid September through June.

Name \_\_\_\_\_

Phone # \_\_\_\_\_ Email \_\_\_\_\_

Street \_\_\_\_\_ Apt.# \_\_\_\_\_

Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ New address? \_\_\_\_\_

Course# \_\_\_\_\_ Course Title \_\_\_\_\_

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Course# \_\_\_\_\_ Course Title \_\_\_\_\_

Course# \_\_\_\_\_ Course Title \_\_\_\_\_

Registration Fee (valid September-June) = \$ 15.00

# of courses \_\_\_\_\_ x \$20.00 = + \$ \_\_\_\_\_

Credit for cancelled March/Spring classes if paid = - \$ \_\_\_\_\_

Total Due & Enclosed = \$ \_\_\_\_\_

Please make checks payable to and mail to:

Bigelow Center for Senior Activities  
100 Mona Terrace  
Fairfield, CT 06824

*For further information phone (203) 256-3166*

**FALL 2020 COURSE REGISTRATION APPLICATION**  
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Name \_\_\_\_\_

Phone # \_\_\_\_\_ Email \_\_\_\_\_

Street \_\_\_\_\_ Apt.# \_\_\_\_\_

Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ New address? \_\_\_\_\_

Course# \_\_\_\_\_ Course Title \_\_\_\_\_

Course# \_\_\_\_\_ Course Title \_\_\_\_\_

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Bigelow Center for Senior Activities  
100 Mona Terrace  
Fairfield, CT 06824

*For further information phone (203) 256-3166*