

***WEEKLY UPDATE for November 8, 2021***



[Click here](#) to view the First Selectwoman's webpage with the latest town updates.

[Click here](#) to see a copy of the November Newsletter. Hard copies are available at the Center.

**Thursday, November 11** – Bigelow Center is **CLOSED** in observance of Veteran's Day.

**Bigelow Center Holiday Basket Raffle** – We are excited to have a Holiday Basket Raffle this year! Baskets will be displayed beginning December 6 and raffle tickets can be purchased at the front desk. At the October Member Council meeting we asked representatives from the various groups to donate a basket and a BIG THANKS to the Pinochle Group and Lifelong Learners for already donating a basket!



**[Week of November 8, 2021](#)**

*For events listed below, and for all upcoming events and activities, please register on [www.myactivecenter.com](http://www.myactivecenter.com). If you need assistance registering, please call the Center.*

**Monday, November 8 at 1:00** — **Monday at the Movies with Frank: *The Spiral Staircase*** Dorothy Maguire, George Brent, and Ethel Barrymore star in this 1946 suspense classic about a killer who stalks disabled women. Directed by noir specialist, Robert Siodmak, the film features Rhonda Fleming and Elsa Lanchester. 84m.

**Tuesday, November 9 at 10:00am – New Member Welcome:** If you are new to the Bigelow Center, please join us for an informal get together to learn about the Center and take a tour.

**Tuesday, November 9 at 1:00pm – Chronic Disease and Diabetes Support Group:** The Fairfield Health Department will be hosting the Chronic Disease and Diabetes Support Group.

**Tuesday, November 9 at 2:00 – Senior Learning Network** will present live on the big screen in the Multi-Purpose Room: **National Museum of the Pacific War**, in honor of Veteran's Day, we will take a return visit to the National Museum of the Pacific War. Come and experience key events, numerous artifacts and hear more stories of those that served in the Pacific or the Home Front during WWII. Staff members will take you on an island hopping journey from Pearl Harbor to the surrender of Japan as they move through the George H.W. Bush Gallery.

**Wednesday, November 3 at 12:30 – Veterans Affairs:** Ramon Agosto, from the CT Department of Veterans Affairs, returns to offer Veterans and their families assistance with benefits and services. By appointment only.

**Thursday, November 11 – CLOSED in observance of Veteran's Day**

**Friday, November 12 at 9:30 – Veteran's Day Drive-Thru Breakfast:** Join us for breakfast sandwiches and coffee from *The Reef Shack* as we celebrate our Veterans. Breakfast is sponsored by a generous and anonymous donor. Space is limited. **Please register by Tuesday, November 9, and note that lunch will NOT be served this day.**

**Friday, November 12 at 12:45 – Fairfield Foreign Film Festival** will present *Tokyo Story*: The crowning film achievement of the great Japanese director, Yasujiro Ozu. The film follows an aging couple's journey to visit their grown children in bustling postwar Tokyo. This black and white film from 1953 features Ozu regulars Chishu Ryu and Setsuko Hara.

#### **Additional Programs Offered by Neighboring Senior Centers**

Please call the Bigelow Center to register or email us at [bigelowcenter@fairfieldct.org](mailto:bigelowcenter@fairfieldct.org) to receive the link.

**Tuesday, November 9, 1pm (Zoom) – The Microscopic Ocean, What Is Powering Our Oceans by Jeffrey Morgan/OPAK Executive Director:** Take a dive beneath the ocean waves with Ocean Protection Advocacy Kids (OPAK), a nonprofit educational organization specializing in marine science, art and advocacy education. He will discuss

plankton, their role in the global food web, and what happens if we turn off some of the ocean's largest biological systems.

**Friday, November 19, 1pm (Zoom) – Invasive Plants by Jackie Algon, Master Gardener:** For many years, bringing exotic plants into our gardens was considered the 'in' thing to do, and in some cases, they still are sold in nurseries. What are invasive species and what's wrong with them? How do we identify them and how do we eradicate them.

**Wednesday, Nov. 10<sup>th</sup> at 3:00 (Zoom) – “A Smarter Way to Give”.** Are you still giving with your check book? Instead, consider funding your philanthropy with a more strategic giving vehicle. This session will help you discover the charitable landscape and how donors like you give today. Learn the differences among common giving strategies, and understand how you can maximize your impact while minimizing the tax burden.

**Thursday, November 18<sup>th</sup> at 1:00 (Zoom) – “Are you at risk for a heart attack or stroke?”** With Dr. Sarit Orlosfsky, who will discuss risk factors and how to best avoid the threat of these diseases.

### [Fairfield Social Services](#)

#### **2021 Family Holiday Giving Program**

Fairfield Social Services has kicked off its 2021 Family Holiday Giving Program to help Fairfield families in need during the holiday season. Last year more than 150 families received gift cards, generously donated by their neighbors, including individuals, businesses, faith-based and community organizations.

COVID has brought many challenges from job loss to childcare expense and many worries in between. Rather than collecting wrapped gifts and toys, we are again requesting gift cards for supermarkets, gas stations, your favorite local stores and businesses, Amazon, Target, Walmart - anywhere families shop for their loved ones for the holidays. During this special, yet stressful time of year, our goal is to support with gift cards to help purchase items for their loved ones. That ability to select and purchase gifts provides our clients another level of independence in an otherwise difficult time.

If you are interested in donating or receiving holiday help, please contact Eileen Fickes, Social Worker for the Department of Human and Social Services, at 203-256-3170 or by email at [socialservices@fairfieldct.org](mailto:socialservices@fairfieldct.org) for additional information. Please consider making a donation to help your neighbors. Donations are gratefully accepted during business hours 9 AM to 3:30 PM at the Bigelow Center for Senior Activities 100 Mona Terrace, Fairfield CT 06824.

## General Information

**The SafeReturn Network** developed by the Fairfield Police Department, is a computer database developed to assist emergency personnel in locating community members who suffer from conditions which making them susceptible to “wandering” and safely returning them home. To register and for more information on this wonderful program please go to [www.fpdct.com/safereturn](http://www.fpdct.com/safereturn).

**Fairfield Senior Transportation:** Rides are by appointment only. Reservations **ONE WEEK** in advance. For more information, call the Transportation Office at 203-256-3168. **Masks must be worn at all times on buses—even if you have received your vaccine.**